Bristol's Avon Gorge

4.67 miles

www.goodRunguíde.co.uk

Overview

This run is centred around the magnificent Clifton Suspension Bridge, built by Isambard Kingdom Brunel, which spans the Avon Gorge. The run takes you down into the gorge under the bridge one way, back under it the other and finally after a tough but pretty climb, over it. Views of the bridge and gorge are superb.



Avon Gorge

Multi-Terrain Hilly

Run Guide No.: 64

Special points of interest:

- ★ Clifton Suspension Bridge
- The Observatory
- Playground and Stone Slides
- X Avon gorge

Start Location

Promenade, Bristol

Postcode: BS8 3NE

os: ST 56610 73540

LAT: 51.4586970

LONG: -2.6268890

Useful Information

There is a small toll for cars that wish to cross the bridge but foot traffic is free. It used to be an annoying 2p! Near the start is a childrens play area and a small stone slide(a slab of stone worn smooth

by countless small, and not so small, bottoms). A larger stone slide is found on the path near the toilets and keeps children and adults amused for hours.

The Observatory houses a Camera Obscurer which is worth a visit. To find the start, from Bristol follow signs to Clifton and Clifton Suspension bridge.

Key Statistics:

Well Lit at Night

Run Length 4.67 miles

Climb Rate 53 m/mile

Flat Equivalent 5.35 miles

No

3

Lone Runner Route No

Difficulty Moderate

Local Amenities

Toilets as marked on map just on the east side of the bridge. Plenty of pubs and cafes in very nearby Clifton village and usually an ice cream van at the start.



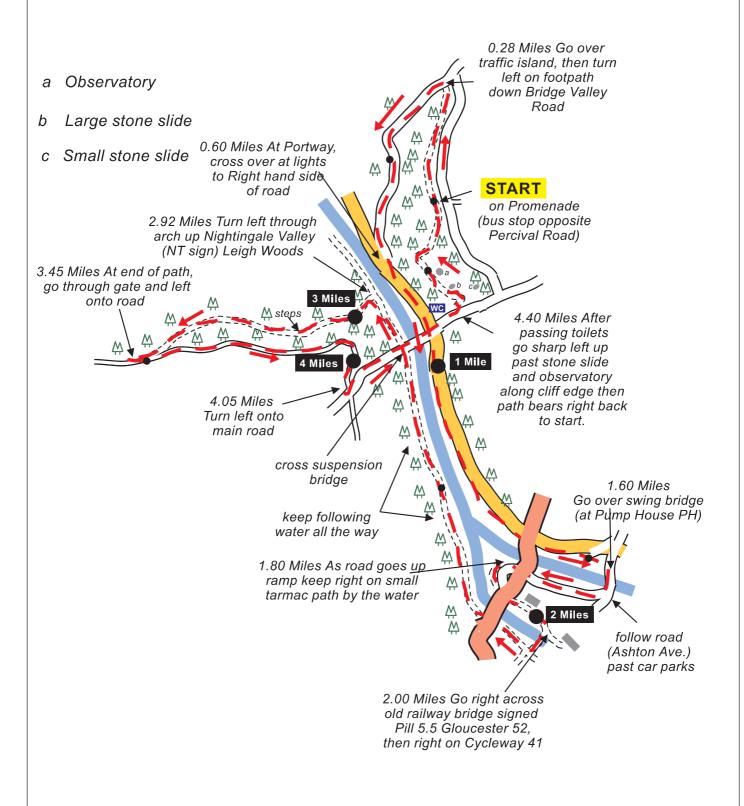






Start of Nightingale Valley

Bristol's Avon Gorge 4.67 miles Multi-Terrain



DISTANCE DIRECTIONS

0	0.00 miles	Start on Promenade at bus stop opposite Percival Road.
2	0.29 miles	Go over traffice island WITH CARE and then turn left on footpath down Bridge Valley Road.
3	0.60 miles	As road merges with The Portway, cross over WITH CARE onto Right Hand Side of road.
4	0.87 miles	Go under Suspension Bridge.
5	1.60 miles	Go over swing bridge (at Pump House PH) and then turn right to follow Ashton Avenue (keep right past car parks).
6	1.79 miles	As road goes up ramp, keep right on small path next to the water.
7	2.02 miles	Turn right over old railway bridge and then right again on cycleway 41 to follow path alongside river
8	2.93 miles	Turn left through arch up Nightingale Valley (NT sign) into Leigh Woods.
9	3.45 miles	At the end of the path, go through gate and turn left onto road.
10	4.04 miles	Turn left onto footpath next to main road and soon cross over Suspension Bridge.
0	4.40 miles	Turn left onto path which goes past the observatory and back to the finish.
12	4.67 miles	Finish.

Hill Profile

