

THE PONTON PLOD

SUNDAY 19th SEPTEMBER 2010

Starting from Great Ponton, Nr Grantham

27, 17 or 11.5 miles in 10 hours from Great Ponton Community Centre nr Grantham 926304. OS Explorer Map 247 covers all routes.

Scenic routes using footpaths, Bridleways, tracks and minor roads passing through several picturesque villages in Lincolnshire and Leicestershire towards the Vale of Belvoir.

Start: 8.30 am (9.30am for 11.5ml). Registration from 7.30 am.

Ample car parking at, or close to start.

Home made refreshments will be provided at checkpoints, hot drinks and sandwiches available at half way (cold drinks only on 11.5) Home made soup and pudding at the finish. A certificate will be given to all finishers. Badges & Tee shirts also available.

Completed entry forms to be sent to Stuart Ashley, Woodpigeon Cottage, Bottesford Road, Allington, Grantham, NG32 2DJ enclosing 9 x 4 SAE (or Email address) for confirmation of entry. Closing date for postal entries 15th September 2010. Entries on the day available but a phone call first to assist with catering would be appreciated.

Entry fee : 11.5ml - £8.00, 17ml - £8.50, 27ml - £9.00 (All £1.00 extra on line - details overleaf or £2 extra on day) Cheques payable to The Ponton Plod.

Proceeds to Besso Children's Home, India

Phone 01400 281580 or Email stuartashley47@btinternet.com with any enquiries.

ENTRY FORM

Name.....

Address.....

..... Postcode.....

Tel No.....

Email.....

Walker..... Runner..... 27 miles 17 miles..... 11.5.....

I agree to abide by the rules of the event and to observe the Country Code at all times. I confirm that I am in good health and have no medical condition that may cause undue concern or inconvenience to others. I confirm that I participate at my own risk & that no liability is accepted by the organisers for injury damage or loss sustained by me before, during or after the event. I will be over 18 years old on the day of the event.

Club

Signature.....

Signature of Parent or Guardian if under 18.....

SEE OVER

RULES

1. Minimum age is 18 on 27 mile route, and 15 years on 11.5 and 17 mile route. Entrants under 18 must have parents consent and be accompanied by an adult on the walk.
2. Dogs will be allowed but must be kept under strict control at all times and be on leads when in the presence of livestock and horses.
3. Entrants must follow the prescribed route and ensure their arrival at checkpoints is recorded by marshals
4. Checkpoint closing times will be enforced. Any entrant arriving after closing time will be asked to retire.
5. Entrants retiring at Checkpoints must hand in their tally card and will be transported to the finish.
6. Entrants retiring other than at checkpoints should pass their tally card to another entrant to be handed in at the next checkpoint, or should phone the emergency phone number.

DATA PROTECTION: Details will be temporarily held on computer for the purpose of administering the event.

Proceeds in aid of
BESSO CHILDRENS HOME,INDIA
Glaston Parish Church, Rutland / World Vision.

Entries available on line with Si Entries

https://www.sientries.co.uk/event.php?event_id=364