# **New Marske Harriers** In association with the Friends of Locke Park

# Pie & Peas 5 Miles

#### **Road Race**



Race HQ Bowls Club in Locke Park – parking see online instructions Toilets in Locke Park ~ Refreshments at Redcar Cricket Club Wedneday 14<sup>th</sup> May, 7.15



*enter online:* <u>www.new-marske-harriers.co.uk</u> Fee - £10 attached £13 unattached Online Entry Only ~ Entry Limit 150 ~ No Entry On Day ~ Chip Timed!

## Prizes to top 25 on age related percentage score

(subject to entries)

### Pie & Peas to all participants

www.new-marske-harriers.co.uk. Minimum Age 15 on 14/5/14

#### Background

Over a post parkrun coffee, a few old lags were reminiscing about races that no longer existed and the subject of the Pie & Peas 10k came up. There was general agreement that it was a popular social event as well as a race ~ it would be good have such an event again.

The seed for this event was sown.....

The original race's demise was due to the increased number of cars on the residential roads that the course covered but Locke Park offers a traffic free option. And as we have already invested in chip timing equipment, the five lap race is both an opportunity to utilise the equipment and repay some that investment.

As with the 20 miler on 9<sup>th</sup> March, proceeds will go to the Friends of Locke Park, and thus improve the park facility.

The running community working for the benefit of the whole community!

Pie and Peas\* will be served in Redcar Cricket Club after the race

#### 1 Mile Go Run For Fun

There will also be a chip timed 1 mile fun run at 7pm – open to all 5 years old+ maximum field 100. Only £2 to enter – this does not include Pie & Peas\* but they may added to your order when entering.

\*Cheese Pasty with beans alternative available – please indicated when entering, also additional meals can be ordered when entering.