



HIGHDOWN DASH

2013

6K and 2K



This year's Highdown Dash will take place on Sunday the 16th June, the 2K will start at 10am and the 6k at 10:30.

Race distance & gender - please circle	2K / 6K / Both	Male / Female
First name		
Last name		
Address		
Postcode		
Email address		
Telephone number		
Emergency contact name		
Emergency contact number for the day		
Date of Birth		
Age on race day – 16 th June 2013		
Entry Fee including raffle ticket	2K Dash £6 6K Dash £10 Both races £12	
Entry Fee excluding raffle ticket	2K Dash £5 6K Dash £9 Both races £11	
Cheques payable to Highdown School	Cash / Cheque Total amount £	

I declare that to the best of my knowledge I am medically fit to take part in this run and I accept that correct running attire are important for this event. I understand that I enter the race at my own risk and the organisers, officials and sponsors will in no way be held responsible for any accidents, injury (including fatal), loss or damage whatsoever arising from my participation in this event, or for property lost or damaged during the event. I understand the organisers reserve the right to delay or cancel the race in the event of adverse weather conditions, or other events outside the organisers' control. Entry fees are non-refundable. Photographs and videos of the race will be taken for publicity purposes and I understand that my image may be used and give permission for it to be used. I understand this statement and agree to be bound by its contents

Signed: _____ Date: ____/____/____

Parent/Guardian (if under 18 years of age): _____

Parent/Guardian name in capital letters: _____

Please complete and return with your entry fee plus a large stamped, self-addressed envelope or large envelope with students name and tutor group to Highdown Dash, Highdown School & Sixth Form Centre, Surley Row, Emmer Green, Reading RG4 8LR