



The 7th Annual Tees Barrage 10K

In conjunction with

Billingham Marsh House Harriers

Supported by



01642 750404

UK Athletics Licence Number 2013-104938

Monday 6th May 2013 10.30am

Starting and finishing at the Tees Barrage, Thornaby

	1ST	2ND	3RD	4TH	5TH
MEN OPEN	£100	£60	£30	£15	£10
VETERANS		OVER 40	OVER 50	OVER 60	OVER 70
	1ST	£30	£20	£20	£20
	2ND	£20	£15	£15	£15
	3RD	£15	£10		
WOMENS OPEN	£100	£60	£30	£15	£10
VETERANS		OVER 35	OVER 45	OVER 55	OVER 60
	1ST	£30	£20	£20	£20
	2ND	£20	£15	£15	£15
	3RD	£15	£10		

First male and female open race team prizes, three to count

NAME		ADDRESS	
Post Code		Tel No (Incl Std)	
Date of Birth	Age on race day		
Athletic Club		UK Athletic No	
E-mail address			Male/female

I declare that I am an amateur as laid down by UK Athletics rules. I am medically fit to take part in this race and understand that the organisers will not be held responsible for any injury, illness, loss or damage to property due to my participation. **Data Protection Act:** I understand and agree that the above details will be stored on a computer for the purpose of race administration and that this information will not be supplied to commercial organisations.

Signature **Date.....** **Please ensure you attach the correct postage**
Parent/Guardian (if under 18)

Entry Fee: £10 UK Athletics Affiliated Club Runners £12 Non Affiliated (unattached)

Minimum Age Limit On Day – 16 years Cheques made Payable to: 'Road Race'

Entries to: Race Secretary, 19 Burniston Drive, Thornaby on Tees TS17 0HB

500 MAX ENTRIES or ENTRIES CLOSE FRIDAY 26TH APRIL 2013

This event has sold out prior to race day every year since its inception, early entry recommended

- * **Course not suitable for wheelchairs**
- ** **Check out our web site: www.teesbarrage10k.co.uk**

Goodie Bags to all finishers

We discourage the use of any earphones/music appliances on safety grounds

"Entrants that have a disability which they feel could affect their performance in the race will be requested to inform the race organisers at the time of their entry/registration. The race organisers will take every reasonable effort to meet the individuals needs but will reserve the right to bar that person from entering if in doing so their safety, and the safety of others, is severely compromised."

Official Use Only