

Present

THE MAGIC ROUNDABOUT 10k MT

Sunday 2nd June 2013

11am start

The Begwms, Llowes, 4 miles from Hay-on-Wye **HR3 5JA**

The Magic Roundabout is a beautiful and challenging 10k multi terrain race. The race takes part on the last weekend of 'The Telegraph Hay Festival of Literature'

Please look on our website for a full course description.

There will be a water station approx half way round and T shirts, tea and cake for all finishers.

Plus prizes in all categories.

Please arrive in plenty of time to park, as there is a 10 min walk from the car park to the start line.

Please note, there is a small charge by the farmer for parking of £1.50. As the run is on National Trust land PLEASE use the car park provided

www.hayhotfooters.co.uk

admin@hayhotfooters.co.uk Phone Jo on 07831 609889

Please send applications to:

Jo Lord, 5 Castle Lane, Hay-on-Wye, Hereford, HR35AF or book online at Runners World

All numbers to be collected on the day. Entires will be published on our web site

MAGIC ROUNDABOUT 2012 Minimum age for entry 16 years

NAME.....

ADDRESS.....

.....**POSTCODE**.....

EMAIL Please print.....

PHONE.....**MOBILE**.....

Age on race day.....**M / F (delete as applicable)**

CLUB NAME.....

IS YOUR CLUB AFFILIATED? UK Athletics..... Association of Running Clubs.....

ENTRY FEES Attached £10.00 Unattached £12

AMOUNT ENCLOSED £..... (Entries on the day if capacity not reached £12)

NUMBERS TO BE COLLECTED ON THE DAY.

For directions please see website www.hayhotfooters.co.uk, or enclose A5 SAE

Cheques made payable to HAY HOTFOOTERS

I declare I will abide by the laws and rules of The Association of Running Clubs and I accept that the organisers will not be liable for any loss, damage, action, claim, costs, or expenses, which may arise, in consequence of my participation in this event. I declare that I will not compete in this race unless I am in good health on the day of the race and that in any event, I will only compete at my own risk.

SIGNED.....**DATE**.....