

# Reading Roadrunners Shinfield 10K Race

May Day Bank Holiday Monday 6<sup>th</sup> May 2013

New Start Time 9.30 am,

Chip Timing + Team Trophy + Age Category Prizes + Children's races



29<sup>th</sup>  
Year

The race starts and finishes in Shinfield and passes through the villages of Shinfield, Ryeish Green and Spencers Wood.



- NOTE New Start Time! 9.30am.
- Memento to all runners finishing within 90 minutes.
- Trophies & Prizes for the first 3 males & females, first local (RG2/RG7) runners + Team Prize + Age Category Prizes.
- Car parking at Foster Wheeler RG2 9FW only. 20 minutes' walk to start.
- Start at Shinfield School Green, RG2 9EH.
- Drinks Station, Refreshments, First Aid & Baggage Tent.
- Results available at: [www.readingroadrunners.org](http://www.readingroadrunners.org) and can also be texted to a mobile.
- Mayday Fete, Mini fairground, Stalls, Bouncy Castle, Games, Music from Burnish Brass, Refreshments and a BBQ.
- Children's Races £3. Under 16 - 3.6k Starts 11am. Under 12 - 2.1k Starts 11.45am.
- 10k race: Entry form and online entry at [www.readingroadrunners.org](http://www.readingroadrunners.org) £11 if received by 22nd April. £13 on day (subject to 900 race limit) Online entry incurs £1.50 handling charge.
- Children's races: Details and entry forms at [www.readingroadrunners.org](http://www.readingroadrunners.org)
- UK Athletics Certificate of Course Accuracy Number 10/133

## 10k Entry Form (Please use block capitals)

Surname ..... First Name ..... Male  Female

Address .....

Town ..... Postcode .....

E-mail ..... Date of Birth ..... Age on Race Day .....

Telephone ..... Mobile .....

Club Name .....

Please provide an emergency

Contact name..... Phone number .....

Please enter me for the 10k race. I am medically fit to run & I understand that I enter at my own risk & that the race organisers and officials shall under no circumstances be liable for any injury, damage or loss sustained in connection with this event. Open to all runners age 16 or over on race day. Note no headphones allowed.

Signed..... Date.....

Entry form with cheque for £11 to reach us by 22nd April, (£13 on the day).  
Cheques payable to Reading Roadrunners, Send to: FR Systems, Unit 30 Blythe Park Base,  
Cresswell Lane, Blythe Bridge, STOKE on TRENT, ST11 9RD.

Sorry, but no refunds can be given in the event of cancellation for whatever reason.

Last day for receipt of postal entries 22nd April 2013. Additional entry forms from: [www.readingroadrunners.org](http://www.readingroadrunners.org)