



GREAT WESTERN RUNNERS

PRESENT THE



2013 GWR TOWPATH SERIES

FOUR 10K RACES AND A FINAL 5K, HELD UNDER ARC RULES : PERMIT: ARC 13/113

GREVILLE SMYTH PARK, ASHTON ROAD, ASHTON, BRISTOL.
(OPPOSITE BRISTOL CITY FOOTBALL GROUND) – O.S. Ref: ST 571 717

SPONSORED BY:



- SPOT PRIZES AFTER EACH RACE (MUST BE COLLECTED ON THE NIGHT)

RACE DATES (ENTRY LIMIT 300):

RACE 1 – 10K:	FRIDAY MAY 10	@ 7.30 PM
RACE 2 – 10K:	FRIDAY JUNE 14	@ 7.30 PM
RACE 3 – 10K:	FRIDAY JULY 5	@ 7.30 PM
RACE 4 – 10K:	FRIDAY AUGUST 2	@ 7.30 PM
RACE 5 – 5K:	FRIDAY AUGUST 30	@ 7.30 PM

INDIVIDUAL PRIZES FOR OVERALL SERIES

(SERIES CATEGORY BASED ON AGE AS AT DATE OF RACE ONE)

MALE: FIRST 3; MASTERS FIRST 40, 45, 50, 55, 60, 65, 70, 75

FEMALE: FIRST 3; MASTERS FIRST 40, 45, 50, 55, 60, 65, 70, 75

(FOUR OUT OF FIVE RACES TO COUNT. RESULTS CALCULATED ON FINISH POSITION)

**DUE TO THE OFF-ROAD NATURE OF THE COURSE, IT IS CONSIDERED
UNSUITABLE FOR WHEELCHAIRS, SORRY.**

ENTRY FEES (EARLY BIRD DISCOUNT AVAILABLE):

5 RACE SERIES (ENTER BY 28 FEB.): £25 AFFILIATED TO ARC/UKA OR £27 UNAFFILIATED
OR, PER RACE: £6 AFFILIATED TO ARC/UKA OR £8 UNAFFILIATED

5 RACE SERIES (FROM 1 MARCH): £30 AFFILIATED TO ARC/UKA OR £32 UNAFFILIATED
OR, PER RACE: £7 AFFILIATED TO ARC/UKA OR £9 UNAFFILIATED

ENTER ON-LINE AT: WWW.GREATWESTERNRUNNERS.ORG.UK
(on-line processing fees apply)



**RACE NUMBERS TO BE COLLECTED FROM RACE HQ (THEY WILL NOT BE POSTED).
RACE HQ, TOILETS, CHANGING (NO SHOWERS), PRIZE GIVING, PLUS SPOT PRIZES
ARE AT "Bar BS3" , 21 ASHTON ROAD, BRISTOL BS3 2EA**



2013 POSTAL ENTRY FORM



SEND TO: GWR TOWPATH SERIES,
42 CHURCH LEAZE, SHIREHAMPTON, BRISTOL BS11 9SZ

BLOCK CAPITALS (SO WE CAN READ IT!) PLEASE

SURNAME:

FIRST NAME:

AGE: (Minimum 15)

DOB:

MALE/FEMALE

CLUB:

UKA COMPETITION LICENCE NUMBER:

**AFFILIATED TO ARC
OR UKA? YES / NO**

ADDRESS:

POST CODE:

CONTACT TEL.:

e-Mail:

EVENT(S) ENTERED:

ENTRY BY 28 FEBRUARY 2013:

Tick

WHOLE SERIES	Affiliated: £25 Unaffiliated: £27	
10 MAY – 10K RACE 1	Affiliated: £6 Unaffiliated: £8	
14 JUNE – 10K RACE 2	Affiliated: £6 Unaffiliated: £8	
5 JULY– 10K RACE 3	Affiliated: £6 Unaffiliated: £8	
2 AUGUST – 10K RACE 4	Affiliated: £6 Unaffiliated: £8	
30 AUGUST – 5K RACE 5	Affiliated: £6 Unaffiliated: £8	

ENTRY FROM 1 MARCH 2013:

Tick

WHOLE SERIES	Affiliated: £30 Unaffiliated: £32	
10 MAY – 10K RACE 1	Affiliated: £7 Unaffiliated: £9	
14 JUNE – 10K RACE 2	Affiliated: £7 Unaffiliated: £9	
5 JULY– 10K RACE 3	Affiliated: £7 Unaffiliated: £9	
2 AUGUST – 10K RACE 4	Affiliated: £7 Unaffiliated: £9	
30 AUGUST – 5K RACE 5	Affiliated: £7 Unaffiliated: £9	

**ENTRY FEES ON THE NIGHT (IF AVAILABLE) +£5 SERIES: +£1 SINGLE EVENT.
CHECK WEB SITE FOR THE LATEST POSITION ON ENTRY AVAILABILITY.
CHEQUES PAYABLE TO: GREAT WESTERN RUNNERS**

RACE NUMBERS TO BE COLLECTED FROM RACE HQ ON THE NIGHT (THEY WILL NOT BE POSTED)

DECLARATION: I UNDERSTAND, AND ACCEPT, THAT: ENTRIES ARE NON-TRANSFERABLE; THE ORGANISERS WILL NOT BE HELD RESPONSIBLE FOR ANY INJURY, ILLNESS OR LOSS OF PROPERTY RESULTING FROM MY PARTICIPATION IN THIS EVENT; I WILL NOT PARTICIPATE UNLESS I AM FIT TO RUN. IN THE UNFORTUNATE CANCELLATION OF THE EVENT THROUGH CIRCUMSTANCE BEYOND THE CONTROL OF THE RACE ORGANISERS, I UNDERSTAND, AND ACCEPT, THE RULES AND TERMS OF THE ENTRY INCLUDING THAT THERE WILL BE NO REFUND OF RACE FEES.

I HEREBY DECLARE THAT: **1) I WILL COMPLY WITH THE ARC RULES FOR COMPETITION AND PARTICULARLY: 2) I WILL NOT SWAP MY NUMBER WITH, OR GIVE IT TO, ANOTHER COMPETITOR.**

DATA PROTECTION: I UNDERSTAND THAT THE ABOVE DETAILS WILL NOT BE SENT TO THIRD PARTIES OR USED FOR ANY MARKETING PURPOSES AND I HAVE NO OBJECTION FOR THEIR STORING ON COMPUTER FOR RACE ADMINISTRATION AND RESULT PRODUCTION ONLY.

SIGNATURE:

DATE:

RACE INFORMATION/ENTER: WWW.GREATWESTERNRUNNERS.ORG.UK

