



Kevin McConville Memorial Hogweed 10K Trot
Monday 20th May 2013 @ 7.00 pm

Held under ARC Rules
 ARC Race Licence No – 13/29

www.hogweedtrotters.co.uk
 Certificate of Course Accuracy No – 03/351

THIS RACE WILL BE CHIP TIMED NO CHIP =NO TIME

Forename:		Surname:	
Age On Race Day:		Date Of Birth:	
Male/Female:	Email Address:		
Address:		Tel No inc STD:	
		Mobile Telephone No:	
Post Code:		Name of Affiliated Club: State if Unattached	
<p>DATA PROTECTION: The information you provide will be used solely for the purpose of race results, information and identification for health and safety reasons. The information will only be available to members of the results team and appropriate race officials and will not be passed on to any other person or agency.</p>			
<p>DECLARATION: Please enter me for the Hogweed Trot 10K. I declare that I am medically fit to run and enter entirely at my own risk. I declare that I abide by the ARC rules. I do not hold the organizers or sponsors responsible for any injury, illness, loss or damage to me or my property in the course of, or in connection with, this event. I will be 15 years old on race day. I will adhere to the ban on iPods and MP3 Players during this event.</p>			
Signed:		Date:	
(parent/guardian for under 18s)			
Race Entry Fees:	Affiliated £8.00		Non Affiliated £10.00
Closing Date For Postal Entries 16 May 2013		£1 Extra On The Day	
<p>The entry form must be signed by the competitor, or parent/guardian. Please enclose a signed cheque payable to: "Hogweed Trotters" to: Hogweed Trot, 44 Hay Leaze, Yate, BS37 7YJ. Telephone number 07799 757 372</p> <p style="text-align: center;">Race Director: Rachel Bennett Telephone: 0797330 5308 or e-mail bennetthorton@aol.co.uk</p> <p style="text-align: center;">Please remember to collect your number and chip, before the Race, from Race Headquarters at Yate Town Football Club. Chip collection opens at 5.30pm.</p>			

**The race is held in memory of Kevin McConville a greatly missed
member of the Hogweed Trotters
who died unexpectedly in the Autumn of 2008.**

- Chip timing:** The race will be chip timed. Please collect your number and chip before the race from race HQ at Yate Town Football Club from 5.30pm. No chip will mean no time will be recorded. At the finish, please hand in your chip.
- Race HQ:** Yate Town Football Club, Lodge Road, Yate, Bristol, BS37 7LE.
Toilets and limited changing facilities, including showers, are available.
Bar.
Baggage store.
Entries on the day.
- The Course:** A flat, fast course on quiet rural roads.
- Entries On
The Day:** Entries on the day will be accepted at Race HQ.
- The Race:** Starts at 7.00 pm. The distance from the Race HQ to the start line, by the Fox Pub on Broad Lane, is approximately 200 metres.
- Refreshments:** The bar at Race HQ will be open after the race.
- Race Awards:** Presentation to commence at 8.15pm

Prizes one per runner.

Prizes to: 1st three men and 1st three ladies

1st Lady under 18 and 1st male under 18

1st LV 35 45 55 and 1st MV 40 50 60

Medals to all finishers

Spot prizes
- Parking:** There is ample parking at the race HQ, however, we request that runners car share if at all possible.
- Baggage:** There will be a supervised facility to leave baggage at your own risk. The organizers and sponsors will not be held responsible for any damage or loss to your property.
- Medical Support:** Full Medical Support Provided
- iPods/ MP3/
Personal music:** Forbidden to be used by all runners during the race.