CORNWALL
ATHLETIC CLUB

present

THE 26th CHRISTMAS TURKEY TROT

Under UK Athletic Rules

Sunday 12 December 2010

SPONSORED BY TRICKY'S REDRUTH

RACE DISTANCE 4 miles STARTING TIME 11.00am

REGISTRATION at TRICKY'S from 9.30am

Entry Fees PRE ENTRIES £5.00 (Unattached £7.00)
£2.00 extra on the day
(Minimum Age 15)
Changing Facilities, Showers and Car Parking available

OVER 60 PRIZES OF CHRISTMAS FAYRE (Mainly wine)
PRIZES TO THE FIRST 3 IN ALL GRAND PRIX AGE GROUP CATEGORIES
PLEASE NOTE ONLY ONE PRIZE PER PERSON

TREAT THE FAMILY TO CHRISTMAS SUNDAY LUNCH
One meat Small £5.50, Standard £6.75, Large £ 8.50
Two meats Standard £7.75, Large £9.50
Three meats Standard £8.75, Large £10.50

(Bookings essential ☎ 01209 219292)

Enquiries to: Mrs A Burrows, 1 Ambrose Court, Mount Ambrose, Redruth.
☎ 01209 213226
Email: angela@dchburrows.plus.com

www.cornwallac.org.uk

RACE ENTRY FORM CHRISTMAS TURKEY TROT 2010

(Block capitals please)

Surname Christian Name

Date of Birth Age on race day Male/Female

Address

Telephone No. Affiliated club (state ifunattached)

Affiliated Club Runners: UKA Competition LicenceNumber

I enclose my race entry fee of £5.00 (£7.00 for unattached runners)

DATA PROTECTION

The information provided by you on this form will be used solely for the purpose of race results and identification for health and safety reasons. The information will only be available to members of the results team and appropriate race officials and will not be passed to any other person or agency

DECLARATION

Please enter me for the Christmas Turkey Trot. I declare I am medically fit to run and I understand the organisers will not be held responsible for any injury, illness, damage or loss to me or caused by me, however caused.

Signature

Please send your completed entry form and correct fee to:-

Angela Burrows, 1 Ambrose Court, Mount Ambrose, Redruth, TR15 1QX

Cheques made payable to: Cornwall Athletic Club

Closing date for postal entries:Wednesday 8 December 2010

RACE NUMBER (Please leave)_____

Race numbers must be collected on the day

Competitors are advised that dogs, wheel chairs (where appropriate), wheel carriages and cycles are banned and that competitors cannot be accompanied or followed, either on foot or by vehicles of any description.