



# North West Leicestershire District Council

## Smiles 4 Miles Fun Run



Use black ink and block capitals to fill in the form.

Closing date for postal entries is Friday 4th March 2011. Entry fees: Adults £5, children under 16 £2. Family entry (2 adults and 2 children) £12. As your entry fee only covers the costs of staging the Smiles 4 miles event, it's really important that you get sponsored. It's your sponsorship cash that will help to change lives forever. To raise funds for Red Nose Day sign up at [www.rednoseday.com](http://www.rednoseday.com).

### Main Contact details for all correspondence

Title	
First Name	
Surname	
Address	
Town	
County	
Post Code	
Home Phone Number	
Mobile Number	
Emergency No.	
Email:	

### Declaration

By signing this declaration I confirm that I am entering the event at my own risk and the event co-ordinator shall not be liable for any injury or loss that might occur as a result of my participation (this does not affect my statutory rights).

I will seek medical advice if I have any doubts about my ability to take part.

I consent to the use of my image in any TV or media coverage of the event and in any of the event co-ordinator's promotional materials. I understand that the entry fees are non refundable.

I also agree that the other people entered on this form agree to this declaration, and if they are under 18 I am signing it on their behalf.

Please tick if you do not wish to be contacted about sport and physical activity opportunities provided by Active Together and Local Authorities.

### EVENT DETAILS

**Sunday 20th March 2010**  
**1 mile race starts at 9.30am**  
**3 mile race starts at 10.30am**

At Conkers Discovery Centre  
 Rawdon Road (B586)  
 Moira  
 Nr Ashby de la Zouch  
 Derbyshire  
 DE12 6GA

Event Co-ordinator: Andrew Harris  
 North West Leicestershire District Council  
 Council Offices  
 Coalville LE67 3FJ  
 email: [activetogether@nwleicestershire.gov.uk](mailto:activetogether@nwleicestershire.gov.uk)  
 Telephone: 01530 454606



.....  
Signature (Parent or Guardian if under 18)

.....  
Date

<b>Who is taking part?</b>		
	<b>Participant 1</b>	<b>Participant 2</b>
Name		
Adult @ £5 or Child @ £2		
Which race are you entering 1 or 3 miles?		
Emergency Contact No.		
Date of Birth		
Ethnicity		
Do you have a longstanding illness or disability		
If yes, does this limit your activities		
Over the past four weeks how many days a week, on average, have you taken part in 30 minutes or more of moderate intensity physical activity?		
	<b>Participant 3</b>	<b>Participant 4</b>
Name		
Adult @ £5 or Child @ £2		
Which race are you entering 1 or 3 miles?		
Emergency Contact No.		
Date of Birth		
Ethnicity		
Do you have a longstanding illness or disability		
If yes, does this limit your activities		
Over the past four weeks how many days a week, on average, have you taken part in 30 minutes or more of moderate intensity physical activity?		
<b>Checklist</b>		

Checklist: Have you ....

1. Listed the names of the people entering the event?
2. Chosen the number of miles you/they are doing
3. Read the declaration and signed it?
4. Made a cheque out for the correct amount, made payable to NWLDC?

### **Payment**

Cost to enter: £5 per adult, £2 per child or £12 per family (2+2)

**TOTAL ENCLOSED:** Please make cheques payable to NWLDC. CLOSING DATE: FRIDAY 4TH MARCH 2011

Send completed entry form and cheque to:- Active Together, Leisure & Cultural Services,  
North West Leicestershire District Council, Council Offices, Coalville, Leicestershire LE67 3FJ

### **What Happens Next?**

- Your entry details and cheque will be processed and details put onto a database.
- Race numbers for each participant will be sent to the main contact overleaf prior to the event
- On the day you should allow plenty of time for parking.
- You should come prepared to run as no changing facilities are available.
- Leave all valuables at home.
- Toilet and refreshment facilities are available within the Conkers complex.