

The Perivale 5 – A 5 mile open race

organised by Ealing Southall & Middlesex AC

Sunday 7th December 2014, start 10:00am

Perivale Park track, Stockdove Way, Greenford UB6 8TJ

A fast, flat & accurately-measured race over 5 miles, under UKA rules (licence 2014-12122)

Wide range of prizes, for seniors & veterans Tech T shirt for all completing 5 mile race

Entry form online at : http://www.activetrainingworld.co.uk/events/2014/12/07/perivale_5

Please use BLOCK CAPITALS & complete ONE form per entrant

Official use only

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SURNAME..... FIRST NAME.....
ADDRESS.....
TOWN COUNTY.....
TEL # POST CODE.....
E-MAIL
DATE OF BIRTH..... AGE ON RACE DAY (min 15 yrs).....
MALE / FEMALE (please circle) BOROUGH OF EALING RESIDENT? YES / NO (please circle)
UKA AFFILIATED CLUB.....
UKA REG'N #..... ENTRY FEE (please circle)
T shirt size small / medium / large / X large (please circle) In advance On the day
5-mile race - member of a UKA affiliated club £10 £11
5-mile race - unaffiliated runner £12 £13
U15 Fun Run (c.2km at 11:15am) £2 £2

DECLARATION (parent/guardian to sign on behalf of under 15s): I declare that I am an amateur in accordance with UKA rules. I am medically fit to run & understand that I do so entirely at my own risk. The organisers shall not be held responsible for any injury, loss or damage as a consequence of my participation in this event. The course is unsuitable for wheelchairs, prams etc. In the unfortunate cancellation of the event through circumstances beyond the control of the race organisers I understand and accept the rules and terms of entry including that there will be no refund of race fees.

By entering the event I indicate acceptance of UKA rules.

Tick here if you do NOT wish to have your details kept on file to receive race details.

Signed

Date

Cheques/postal orders payable to "Ealing Southall & Middlesex AC".

Send to: Perivale 5, 27 Park Hill, Ealing, London W5 2JS. Postal entries to arrive by **Sunday 30th November**.

Please note on reverse of this form how you found out about The Perivale 5

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