



10k and 3k
Entry Form
Sunday 27th May 2012

Venue

Jubilee Hall, Barnstaple Hill, Swimbridge, North Devon
Parking — toilets — refreshments — first aid — stewards — insurance

3k Fun Run (8-14 yrs)

Entry fee: £3.50 fun run (additional £2 if entering on day)
The 3k starts at 10.30 am from Swimbridge to Hannaford return.

3k Fun Run Prizes 1st, 2nd and 3rd, in 4 categories

8—11 yrs M
8—11 yrs F
12—14 yrs M
12—14 yrs F
In addition, prizes for Swimbridge runners

10k Run (min age 15 yrs)

Entry fee: £8.00 10k fun run (additional £2 if entering on day)
10k Run starts at 11.30 am The 10k is up and over Swimbridge hills—part road, part track, stream crossings, woodland paths and stunning views — via the old silver mines and Daffodil Valley passing through the picturesque hamlets of Hannaford, Hearson, Wrimstone and Dennington.

10k Run Prizes in 6 categories

15 yrs+ M 1st 2nd 3rd
15 yrs+ F 1st 2nd 3rd
Veterans 40+ M 1st / F 1st
Veterans 50+ M 1st / F 1st
In addition, prizes for Swimbridge runners

Closing date for postal entries: Monday 21 May 2012

In aid of Swimbridge Jubilee Hall
Registered Charity No 300983
Race Co-ordinator: Julie Whitton 01271 830311 / juile@theyews.org.uk



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Name:.....

DOB (DDMMYY):..... AGE:..... M/F.....

Address:

.....

Email: Postcode:

Contact No:

Name of affiliated club (if applicable):

Emergency Contact name & tel no:

Do you have any illnesses/medication the organisers should be aware of: Y / N

If yes, please give details:

Please circle category entered: parent/guardian to sign for under 18's

3K fun run at 10.30am Male Female 8-11 yrs 12-14 yrs

10K fun run at 11.30am Male Female

Cheques payable to: "Swimbridge Jubilee Hall". Send entries together with a large SAE to the Race Administrator: Victoria Comerford, 65 South Street, South Molton, EX36 4AG.
Contact: 01769 579933 / email victoriacomerford@yahoo.co.uk

I agree to abide by the rules and understand that the organisers will not be held responsible for any injury, illness or accident to myself or loss of my property as a result of my participation in this event. Furthermore the information you have provided on this entry form will be used for the purpose of producing race results and for health & safety purposes only. This information will not be passed onto any other person or agency. To respect landowners wishes, no dogs on route. Parents are not permitted to run with their child/ren in the 3k.

Signature of all applicants:

Signed consent of parent/guardian of applicants under 18's

I give consent for my / my child's photograph to be used in the promotion and publicity of the event

Signature..... Date:

