

Sponsors of the

13TH ANNUAL WAKEFIELD HOSPICE CITY 10K ROAD RACE

+ 1 mile
& 3 mile
Fun Runs!

START



".... I would definitely recommend that everyone takes part in this event!"
Dame Tanni Grey Thompson DBE

Photo supplied by the
Wakefield Express

Sunday 30th March, 2008

Registration at Thornes Park Athletics Track
Race Start on Gill Syke Road Under UK Athletic Laws, Permit number: 2179



Wheelchair athletes
welcome

NEW ROUTE FOR 2008 + ELECTRONIC CHIP TIMING

For further information and application forms Tel: 01924 213900
Wakefield Hospice acknowledges with thanks the assistance of Rodillian Runners

ALL PROCEEDS TO WAKEFIELD HOSPICE

Registered charity No. 518392
www.wakefieldhospice.org

Sponsors of the

13TH ANNUAL WAKEFIELD HOSPICE CITY 10K ROAD RACE

Sunday 30th March, 2008 - commencing at 10.00am

ADVANCE 10K ENTRY FEES

£8.50 UKA Club Member

£10.50 Unaffiliated runners

ON THE DAY 10K ENTRY FEES

£10.50 UKA Club Members

£12.50 Unaffiliated Runners

Prizes in the following categories:

First 5 women / First 5 men / First woman over 35 / First man and woman over 40 / Over 45 / Over 50 / Over 55 / Over 60 / Over 65 / Over 70 / Over 75

- Prizes are limited to one individual prize per athlete.
- Team Prizes
- 10k Course suitable for wheelchairs – prizes for first man and woman.
- T-shirts to all finishers.

A police vehicle will remain behind the last runners in the main field, if you are passed by the vehicle during the race please use the pavement and obey normal pedestrian rules.



- Two fun runs: 1 mile and 3 miles – both runs open to all ages
- Both events entirely within park
- 3 mile run starts 11.30 am 1 mile run starts 11.35 am
- Entry fee: £4 under 18s and £6 18 and over
- Medals to all finishers

These events are being organised to raise money for Wakefield Hospice. Your entry fee covers the cost of organising the race – to benefit Wakefield Hospice all competitors are urged to raise as much sponsorship as possible.

13TH ANNUAL WAKEFIELD HOSPICE CITY 10K ROAD RACE + Fun Runs ENTRY FORM

Please note the minimum age for entering
the 10k is 16 on the day of the race

Title Male Female

First Name Surname

Address

.....

..... Post Code

Daytime Tel Mobile Tel

Email Address

Confirmation that your entry form has been received will be sent to all runners supplying an email address.

Date of Birth / / Age on day of race

Please note entries for the 10k will not be accepted without the date of birth according to UK Athletics Rules.

UKA Club Membership No

OR Unaffiliated

Event Entered 10k Wheelchair 1 mile Fun Run 3 mile Fun Run

Entry fee enclosed £..... Donation £

Would you like some Wakefield Hospice Sponsor Forms? Y N

Please make cheques payable to Wakefield Hospice

Credit/ Debit card payment

Card Number/...../...../.....

Issue No.(switch only)

Start Date/..... End Date/.....

Security code (last 3 digits on the reverse of the card)

GIFT AID – Please help us to make the most of your donation. We are able to claim back tax on any donation a tax payer makes, the only requirement being that you must pay an amount of income or capital gains tax equal to the amount that we can claim back.

Please tick this box if you pay UK Income Tax or Capital Gains Tax and wish Wakefield Hospice to reclaim tax on your donation

Signed Date

Registered charity no. 518392

continued overleaf

13TH ANNUAL WAKEFIELD HOSPICE CITY 10K ROAD RACE + Fun Runs ENTRY FORM

cont.

T-SHIRT SIZE (10K)

SMALL
(34-36)

MEDIUM
(38-40)

LARGE
(42-44)

X-LARGE
(46-48)

MEDICAL DECLARATION

Tick here if you have a medical condition of which you wish to inform the race organisers. Please list any medical conditions, drug allergies or current medication on a separate sheet and return with your entry form.

DECLARATION (ALL ENTRANTS)

I confirm that I am taking part in this event entirely at my own risk and that I am medically fit and will inform the organisers of any medical condition which may affect participation in this event.

I agree and abide by the rules of UK athletics and the event. I accept all the conditions of entry and acknowledge that the organisers shall not be liable for death, personal injury or loss or damage as a consequence of my participation in the event except with regard to personal injury which is caused by the organisers negligence. I understand the organisers reserve the right to alter the arrangements and conditions, including the event route and start time should circumstances require.

Signed..... (Parent/Guardian if under 18)

Please print name Date

Entry forms that are **not** signed will be returned to the applicant and will delay their application.

**Please complete this form and return it with your entry fee to:
Wakefield Hospice, Aberford Road, Wakefield WF1 4TS**

Early entries appreciated

Last postal entry: Wednesday 19th March, 2008

Please note if entries are received after this date race numbers will not be posted out and will need to be collected from registration on the day of the race.

Due to the introduction of chip timing and the changes to postage costs we no longer require SAE to be sent with completed entry forms. P & P of race numbers is included in the entry fee.

Your details will be held by Wakefield Hospice Fundraising in accordance with the Data Protection Act 1998. Your data will enable us to keep you supplied with details regarding our services and forthcoming events/initiatives. To opt out of this service please contact 01924 213900.